

STARTERS

Garlic Ciabatta - £5

house salad

Soup of the Day - £7.95

homemade and served with freshly baked Guinness & treacle wheaten
(GFO) (Veg) (Vegan)

Prawn Pil Pil - £12.95

sizzling prawns in sautéed tomato, chilli & garlic olive oil, crusty sourdough

Prawn Cocktail - £12.95

marie rose, bloody mary cocktail sauce, shredded iceberg, guinness treacle wheaten

Crispy Aromatic Duck Pancakes - £10.95

steamed pancakes, shredded cucumber, iceberg & spring onion, hoisin sauce

Heifer Wings' - £10.45 or ½ kg - £14.45

crispy chicken wings in your choice of sauce - secret 'Heifer' or hot buffalo

Sourdough Bruschetta - £10.45

buffalo mozzarella, tomato, basil pesto, balsamic glaze

Crispy Salt n Chili Chicken - £10.45

nappa slaw, chilli, coriander & lime mayo & toasted sesame seeds

MAIN COURSES

12oz Steak - £32.95

prime 12oz sirloin, tobacco onions, choice of sauce & side
Make Steak Sandwich, add garlic ciabatta £1.50 (GFO)

Prime Irish Fillet - £43.95

9oz fillet, tobacco onions, choice of sauce & side (GFO)

Slow Cooked Lamb Shank - £27.45

slow cooked Slaney valley lamb shank, French style peas, caramelized onion mash, rosemary & garlic jus (GFO)

'Beef 'n' Reef' - £32.95

6oz prime Irish Sirloin, tobacco onions, choice of sauce & side
Prawns in a roast red pepper, garlic & spring onion butter
Add our 'Reef' seafood element to any steak £12.95

Haloumi Bowl - £24.45

pan fried haloumi, avocado smash, roasted sweet potato, pickled onion, balsamic roasted cherry tomato & beetroot, mixed leaves, pumpkin seeds, veg crisps (Veg) (GFO)

Seafood Medley - £27.45

pan seared seabass on smoked bacon & creamed leeks, prawn mac n cheese, crab claws in a garlic, lemon & herb butter, smoked haddock goujons, crunchy parmesan & garlic cubes

Chicken Carbonara - £26.45

tagliatelle in a smoked bacon & parmesan sauce, served with garlic & cheese ciabatta

Heifer Burger - £21.95

2 4oz prime Irish beef patties, *or* Southern Fried chicken fillet, brioche bap, mayo, shredded iceberg & Ballymaloe relish

Options – onion rings, cheese, bacon (£1 each)

Heifer Curry - £26.45

Chicken or Prawn

lightly spiced creamy masala sauce, basmati rice & mini garlic toasted naan
(Veg)(GFO)

KIDS

Chicken Carbonara - £9.00

Pasta Bolognese - 9.00

Mac & Cheese - 9.00

Sausages - £9.00

Southern Fried Tenders - £9.00

4oz Burger - £9.00

6oz Sirloin Steak - £18.95

served with choice of side

SIDE DISHES - £5

Chunky Chips

Skinny Fries

Champ

Baby Boils

Sautéed Mushrooms

Seasonal Veg

Tobacco Onions

Onion Rings

Creamy Gratin Garlic Potato

Crispy Parmesan & Garlic Cubes

DESSERTS

Cookie & Cream

Baked Alaska - £6.95

cookie dough ice cream, chocolate sponge, toasted Italian meringue

Crème Brule - £6.95

raspberry & white chocolate crème brulee, fresh homemade shortbread (GFO)

Warm Chocolate

Fudge - £6.95

with vanilla ice cream

Strawberry Eton Mess - £6.95

fresh strawberries, chewy meringue & fresh cream, drizzled with chocolate sauce

Steamed Lemom

Pudding- £6.95

lemon syrup, raspberry sorbet, clotted cream & bee pollen sprinkles

Chefs Choice

Cheesecake - £6.95

please ask